

THE INDIAN SECTION NEWSLETTER

INSIGHT





Article

The Power of Positive Thinking

Samanvi Bhagat Member, Shankar Lodge

Class 9 Student

Our mind Is the most powerful weapon we can use. The way we think plays a vital role In the way we live. We all must be aware of the power that positive thinking can have in our lives and the lives of those around us.

HEALTH

Our thoughts have a direct relation with our health and behaviour. What we think about ourselves finds a way to manifest itself into our reality. Thinking positively about ourselves has a significant impact on our personality. We become more productive and gradually start becoming an integral part of society, partaking in the welfare of others.

SELF-DOUBT

In our generation, insecurity and self-doubt overwhelm us and cause us to spiral into chaos and self- destruction. Hating our own selves causes us to become bitter and withdrawn and we are unable to become the greatest version of ourselves, to unlock our fullest potential.

Example:

Social media is the most influential platform nowadays and a major part of our lives. However, this free rein causes us to compare ourselves against everyone else on the internet. In this situation, it is imperative that we not lose our sense of self and introspect on our lifestyle and the way we treat ourselves.

PROBLEM SOLVING

Positive thinking can also help us better the society we live in. If we do not assume the worst of each situation, we can think practically and rationally and find the solution instead of focusing on the problems that arise along the way.

At this point, let us illustrate on the example of Dr. Joe Dispenza, a chiropractor, who injured his spine in a marathon run accident. He was told by the doctors that he would never walk again. However he remained positive and started to use unconventional method and manifested his spine healing. He succeeded in this endeavor and now strives to spread awareness of the great impact that thoughts have on our body and has even written a book titled 'You are The Placebo' about his experiences.

HOW TO THINK POSITIVELY?

Some people believe that positive thinking means that a person is naive and gullible. However, positive thinking does not make a person see the word any different from what it is. Rather, it makes the person see the good in each soul and even brings out this goodness from the people they meet.

Many find it hard to think positive, especially in the distressing and frightening situation. What we have to remember is that every tree is grown by planting a small seed. Positive affirmations and words, and the little things we can do to see the silver lining in each situation will slowly allow us to remain positive and have a calm and peaceful mindset, no matter the adversities we face.

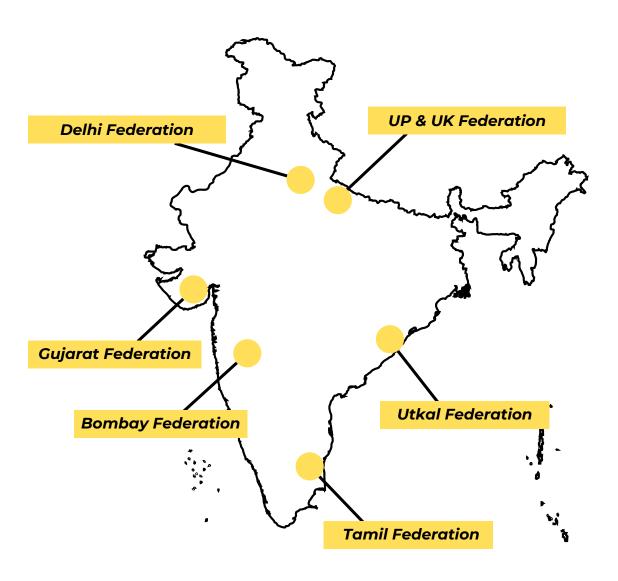
POWER OF POSITIVITY

The power of positively is far Greater than any of us can imagine, and has a greater impact than we think possible. Our mind is complex and Powerful, so the way we use it matters most. The most important ability we possess is the way we live life and our perspective on life. Thinking positively is the key to being ourselves, just in the best way possible.



Federation Report

for period January-March, 2025





Bombay Theosophical Federation

BTF PARTICIPATION IN INDIAN SECTION CONVENTION – JAN 2025

President Bro. Vinayak Pandya conveyed the Greetings of BTF at the Opening of the Indian Section Convention on 1st January 2025. In brief he even gave highlights of BTF activities.



BTF President Bro. Vinayak Pandya requested International President Mr. Tim Boyd to release the book 'Spring in the Autumn of Death', which is the English Edition of Gujarati Book 'Mrutu Ni Pankhar Ma Vasant'. This book is written by Dr. Usha Arun Chaturvedi based on visions received by Shri Arun Chaturvedi, Mother and Father of 13 year dear daughter Stuti, about the real life experience of receiving messages from the departed soul of their daughter Stuti. Late Dr. Ajay Hora had also received messages from Stuti to convey to her Parents. As the subtitle of the book says it is 'Embracing Death and Journey thereafter'. As Bro. Vinayak pandya in his message for the book writes, it is 'Evidence of Theosophical Teachings in Life After Death'.



Indian Section Convention II honoured Late Dr. Ajay Hora with release of Dr. Ajay Hora's Autobiography 'Charaiveti- Charaiveti' English Edition by the hands of International Vice-President Dr. Deepa Padhi. As explained by

by Publisher Sis. Urvi Ajay Hora the title of the book says 'To ceaselessly and tirelessly strive for growth and progress' and that's what Dr. Ajay Hora had done for Theosophy and for Humanity.

The Compiler Team of original book in Gujarati, Bro. Taral and Sis. Archana Munshi had requested Dr. Deepa Padhi to release the English Edition of the book.

MEMBERS' TALENT SHOW ON 3rd JANUARY 2025



It was a delightful evening of 3rd January 2025 full of Talents of Member Delegates with Songs, Dances, Instrumental Music, Sound Mimicry & other enactments. The Finale was our Bro. Taral Munshi's Mono-Enactment starting with greetings 'Mai Tuj me, Tu Muj me' to convey 'Universal Oneness'. With dialogues with 'Ustad' (Teacher of High Order) and songs he beaconed all to be sensitive to ever pervading Divinity for Self-Transformation for good of Humanity and all Beings.

IMPRESSIONS OF THE 149TH INTERNATIONAL CONVENTION TO SHARE BENDECTIONS WITH BRETHREN OF MUMBAI





On Friday 10th January 2025 evening Master of Ceremony Sis. Ruby Khan welcomed all in Green Room and started the meeting with The Universal Prayer. BTF President Bro. Vinayak Pandya welcomed honoured Guests Shri Narendra Shah, General Secretary of East & Central Africa and Shri. Jitendra Sampat of Zambia, Africa.

Bro. Vinayak Pandya, Shri Narendra Shah, Shri Jitendra Sampat, Jamshed Mehta Lodge New Member Sis. Indira Bahvsar, BTF Treasurer Bro. Taral Munshi and Jyoti Lodge Representative Sis. Archana Munshi shared their inspiring experiences of the 149th Convention and beautiful Adyar echoing Selftransformation.

ADYAR DAY CELEBRATION

On 17th February 2025 jointly by BTF, Blavatsky Lodge & other 10 Lodges of Bombay in Besant Hall



The program initially took the viewers to pictorial tour of Adyar as BTF Treasurer Bro. Taral Munshi shared PPPs on the 149th International Convention 2024-25 held at Adyar, on the Theme 'Practical Theosophy and the Art of Self Transformation.' The presentation covered diverse activities of Adyar.

'SYNERGY' ADMIRED ACROSSTHE SEAS





'SYHERGY' is a 'Reach Out' of two Blavatsky Lodge, Mumbai Members. It is published by Editor Dr. Rajam Pillai's Synergy Foundation. The Key Compiler & Author Bro. Arni Narendran visualizing Theosophy in all dimensions of Art, creates each issue sharing varied Art forms of different cultures & lands.

BRO. ARNI NRENDRAN REPRESENTS INDIAN TS BRETHREN AT THE 6TH ASIAN ESOTERIC COMMUNITY VIRTUAL GATHERING

On 17th February 2025, Blavatsky Lodge Treasurer Bro. Arni Narendran was privileged to start the 6th Asian Esoteric Community Gathering with recitation of the *Gayathri Mantra*. It was attended by members of Vietnam, Philippines, Japan and Kores. This event of 'The Meditation for World Peace' was put together by Christopher See – Juhee Lee and ReikoNakanishi.

BLAVATSKY LODGE BOOK DEPOT COUNTER AT ZOROASTRIAN TRUST FUND OF INDIA SALE

On 22nd February 2025 At Cama Baug



It was an initiative of Blavatsky Lodge President Sis. Kashmira Khambatta, Blavatsky Lodge Book Depot Manager Sis. Navaz Dhalla and Book Depot Committee Member Sis. Farah Irani to introduce Theosophical Books to Zoroastrian Community.

THEOSOPHY AT 'VADLO'



On 3rd March 2025 there was a Public Meeting of Senior Citizens' Group – 'VADLO' on topic 'Jeewan, Manushiya ane Brihamvidhya'. Bro. Taral Munshi with his monoplay 'Manushyata' conveyed the meaning of 'Brihamvidhya' to Vadlo – Elders of Community. In the end Vadilo of Vadlo had even joined singing and dancing to the tune of inspiring song 'Jeena Isika Nam Hai'. Some of them showed interest in becoming TS members.



Delhi Theosophical Federation

The following lectures were taken in Shankar lodge in the online meetings on first and third week and physical meeting in the second week, fourth week.

4th JAN

Online Meeting
'THE PATH OF PROGRESS' by National
Lecturer Bro. Shyam Singh Gautam

11th JAN

Physical Meeting 'Panchsheel, Yama and Niyama' by National Lecturer Bro. Rajiv Gupta

18th JAN

Online Meeting
'MONADIC FIRE – Latent power in Man' by
National Lecturer Bro. S. K. Pandey

25th JAN & 8th FEB

Physical Meeting Book Study started:

'The First Principles of Theosophy by C. Jinarajdasa. Part 1' of the book was by Sis. Khushboo Singh, Sis. Mansi Bhagat under the guidance of National Lecturer Bro. Rajiv Gupta.

The Evolution and its Laws operational in the matter and life around us was studied. The states of matter in terms of solids, liquids, gases and ethers surrounding us was explained. The mechanism of light, electricity, sound and its manifestation on the physical plane was described.

The science of evolution in matter surrounding physical world was studies, then moving towards invisible planes of nature including astral, mental and higher mental were revealed.

1st FEB

Online Meeting 'WORK OF THE MASTERS' by National Lecturer Bro. Shyam Singh Gautam

15th FEB

Online Meeting
'NATURE AND CONTROL OF MIND' by
National Lecturer Bro. B D Tendulkar

22nd FEB

Physical Meeting Book Study started - 'The First Principles of Theosophy by C. Jinarajdasa', "Law of Karma and Destiny" was by , Sis. Mansi Bhagat and Dr. Rajiv Gupta.

1st MAR

'Philosophy of Sufism and its Parallel Philosophical Thoughts' by Sis. Sushma Srivastava

8th & 22nd MAR

'Invisible worlds' - from the book study of 'First Principles of Theosophy by C. Jinarajdasa' by National Lecturer Bro. Rajiv Gupta. The First Principles of Theosophy has been taken as book study under National Lecturer Dr. Rajiv Gupta in an initiative to make new members of Shankar Lodge actively study, read and learn the Basic Concepts of Theosophy by teaching in public forum with improvement in accuracy of self-learning and teaching as well.

15th MAR

Bhagvat Gita, chapter 15, Purushottam Yoga by National lecturer Bro. Narsingh Thakariya

29th MAR

'Astral World and its Inner Role' by Bro. S. K. Pandey



Gujarat **Theosophical Federation**

Late Veera Ben **Dastur Smruti Shibir**

On 2nd February The Late Veera Ben Dastur Smruti Shibir was held at the Natwarlal Mehta Bhavan by the Rohit lodge. The President of the GTF and the National Lecturer Shri Harshavadan M Sheth was the Chief Guest. The Secretary of the GTF Shri C. K. Soni and the Treasurer of the GTF and the President of the Absorbed Lodge. the Ahmedabad lodge Shri Rameshchandra Dolia also graced the occasion as the guests of honour. 74 delegates from different Lodges of Gujarat participated in the Shibir

The Shibir started with the Universal prayer by the Rohit lodge President Mrs. Rajeshri P. Shah. She welcomed the Chief guest and all, and talked about the importance of the Shibir. The Past International Treasurer Ms. Keshwar Dastur described about the valuable services rendered by Ms Veera Dastur during her life time. The Chief Guest and other speakers spoke on various Theosophic subjects. The whole program was compered by Dhaval Sheth, the Secretary of the Rohit lodge.

Tamil Theosophical **Federation**

Annual Conference

97th Annual Conference of the Federation was held on 25th and 26th Jan an Thanjavur. The theme was "Spirituality – Self transformation". Bro. C. A. Shinde, International Lecturer was the Chief Guest. He gave the inaugural address and Bro. R. Krishnamoorthy, President of the Federation presided the meeting. Bharatsamaj Puja was conducted by Sis. M. Vijayalakshmi on the 1st day and by Bro. E.T. Sarveswaraiah on the 2nd day. Short talks were delivered as mentioned day. Short talks were delivered as mentioned under:

- "Spirityality & Mankind" -Apathukatha Pillai
- "Journey Within" Bro. S. Surender
- "Miracles of Spirituality" Bro. C. Chandrasekaran
- "Life of Madam Annie Besant" Bro. E.T. Sarveswaraiah

- "Karma" Sis. M. Vijayalakshmi
- "Spirituality Self transformation" Sis. Gnanmbigai

Other Activities

The following members from Tamil Federation gave talks in the South India Conference held at Adyar from 26th to 28th Mar.

- "Authority Does it help in Spirituality journey?" Bro. R. Krishnamoorthy "Humanity is the great orphan and the duty of Every man" Sis. M.Vjayalakshmi "Selfishness root cause for all miseries and evils in the world" Bro. C.Chandrasekaran

Bro. P. Devarajan, Secretary, Tamil Federation conducted 'MARGAZHI BAJAN' daily in the month of Jan till 13th Jan at his native place LALIGAM with 35 children. He taught simplified yoga and moral stories to them.



U. P. & Uttarakhand **Theosophical Federation**

New Centre: A new Theosophical Centre started at Kashipur (Distt. Udham Singh Nagar, Uttarakhand).

Address to the Students/teachers: Br. SBR

Mishra: delivered four talks, viz.: (i) 02 February, topic: 'Introduction of Theosophy" in Vidyadhar Samvardhan Sanskrit Pathshala,

(ii) 02 February, topic: 'What is Theosophy? in ANVD senior secondary school -- both in Hata (Distt. Deoria),

(iii) 06 February, topic: History of Theosophical Society in Samved Sanskrit Vidyalaya Tameshwar Nath (Distt. Sant Kabir Nagar),

(iv) 21 February, topic: "Divine Ethics' in Bansgaon PG college during NSS camp Br. U. Bansgaon PG college during NSS camp Br. O. S. Pandey delivered a talk on 24 March on Topic: 'Annie Besant and her social and educational work' before a group of girl students of Asha Centre, in Village-Bhandaha Kalan (near Varanasi). Br. S. K. Pandey delivered online talk on 28 March on topic: 'Self-awareness through meditation' under 'Self-awareness through meditation' under Value added programme for students for Vasant Kanya Mahavidyalaya Varanasi.

Public Talks: Br. U. S. Pandey delivered talks on 25, January on topic: 'Spirituality in Daily Life' and on 01 February two talks on topics: 'Essence of Theosophy and 'Self-transformation by Awareness' in two groups of PMC Bengaluru. Br. S. K. Pandey delivered online talks on 27, 29, 31 January on topics: 'Physical body', 'Etheric Body', 'Astral body'.in "Know Yourself Group." Br. SBR Mishra: delivered a talk on 14 February, on topic: 'Divine Ethics' in Eves' Welfare Club, Gorakhpur Gorakhpur.

Symposiums organized by Agra lodge: 02, January, 06, 20, 27 February, 06, 27 March on themes: 'Nature of Heart', 'Nirankar Brahm; 'Significance of Kumbh', 'Finite to Infinity', 'Theosophy' and 'Utility of religion in life' 'respectively.

Study of Books: Noida lodge, studied the book: 'I Promise', 'Meri Pratigyan' and 'Viveka Chudamani; PMC group, consisting of some members of T.S. conducted online study of the book Brahmvidya ke Moti and 'The Key to

Theosophy.'

Visits of Federation President to Lodges: Br. U. S. Pandey Federation President along with Br. SBR Mishra visited newly formed lodge in village Basupur (Distt. Ghazipur) on 24 March. There Br. Pandey delivered a talk on topic: 'Theosophy and main points of its teachings.' He also visited Satya Marg lodge in Lucknow on 30 March and delivered a talk on "Paramitas."

Contributions, To Other Federations:

Marathi Federation – online study of the book 'Light on the Path' conducted by Sis. Vibha Saxena on13 January and 03 March. Sis. Suvralina Mohanty conducted an interactive session in Pune lodge on topic Theosophy in Daily life" on 09 March;

Delhi Federation: Shankar lodge – online talks delivered by Br S. S. Gautam on topic: 'The Path of Progress' in two sessions on 11 and 24 January and on topic: 'Work of the Masters' on 01 February; by Br S. K. Pandey on topics 'Monadic Fire – Latent Power in Man' and 'Astral World and its inner role' on 18 January and 29 March respectively, by Sis. Sushma Srivastava on topic 'Sufism' on 01 March;

Karnataka: Federation talks delivered by Br. U. S. Pandey in Malleswaram lodge on topics: 'Truth' and 'Divinity within and without' on 13 and 16 January respectively and in Bangalore City lodge on topic: 'Divine wisdom and Science' on 19 January;

Bombay and Gujarat- Triveni: online talk delivered by Br. Shikhar Agnihotri on topic: 'Mahabharat – Pt. V' on 18 February.

To Indian Section Programmes: talk delivered by Sis. Sushma Srivastav during Indian Section convention at Adyar on 03 January on topic: 'Self-realization through thyself'.
Online talks delivered by Br. SBR Mishra on 16
February. on topic: 'Manav Arohan and by Br.
Ajai Rai on 09, 16 Marc ,on topic: 'Science of Sleep' in two sessions. Online study of Mahatma Letter. No. 136 conducted by Sis. Vibha Saxena. In two sessions on: 21, 28 February. A three days' study camp on theme "Orientation to Theosophy' was directed by Br. U. S. Pandey from 21 to 23 March at



at Varanasi.

Br. S. S. Gautam translated the book 'Exploring our true nature' in Hindi.

Publishing book: A small book "Theosophy ka Parichay" was published and its copies distributed among lodges/members and to some other federations.

Foreign country's programme: Online talk delivered by Sis. Vibha Saxena on 25 January on topic: 'Yoga and Meditation' for T.S. in

Inter American Theosophical Federation: Br. Shikhar Agnihotri was one of the speakers during online programme arranged on 16 February on topic: Adyar Day.

International Hqrs. Programme: Br. U. S. Pandey conducted a SOW programme from 10 to 21 February on the theme "Insight into Teachings of Mahatma Letters", when presentations on topics "Dwellers on Threshold". "Karma", "Fohat" and "Prehrehman" were also made "Prabrahman" were also made.

Utkal **Theosophical Federation**

Study Classes
On 18th Jan, three days' study classes on "TS Ideals" were organised by UTF at Sambhav in Nayagarh district. Dr. Chittaranjan Satpathy was the director of the study. Speakers were Bro. Pradip Kumar Mohapatra, Sis. Mitalini Choudhury, Sis. Chinmayee Mohapatra and Bro. Sudhanshu Sekhar Pati. Sis. Barsha Motwani from Pune conducted healing Mitalini and Sis. Choudhury performed Bharat Samaj puja.

Bro. Ramesh Prasad Mohanty memorial study class was conducted from 5th to 7th Feb by Bro. Pradip Kumar Mohapatra and Sis. Mitalini Choudhury on the book "The Voice of the Silence".

On 18th and 19th Feb two days' study classes were conducted in the memory of our Founder President Dr. Rama Chandra Rath on the book "An outline of Theosophy". Prof C.A.Sindhe was the director and Sis. Paurnamasi, Sis. Mitalini and Bro. Pradip were the speakers.

Annual Conference of UTF

Annual Conference of UTF was held at UTF building on 8th and 9th Feb. The theme was "THEOSOPHIC LIFE"

Dr. Deepa Padhi, the International Vice President was the chief guest and Dr, Akshaya Kumar Mishra was the chief speaker. Dr. Deepa Padhi delivered lecture on the Theme and Dr A.K.Mishra on "reading your mind in the Light of Theosophy". Padma Bhushan Dr. Deepak Dhar spoke on "Theosophy and Science".

Short lectures were organised on different topics.

Golden stairs and Theosophic Life - Speakers were Dr. Chinmayee Mohapatra, Dr. Krushna Prasad Padhi and Bro. Pramod chandra Mishra.

Theosophy is a way of life - Speakers were Bro. Raj Kumar Prusty, Sis. Smita Choudhary, Dr. Banita Mohanty.

To Dare, To Will, To Act and Remain Silent are our Motto - Speakers were Sis. Annanya Pati, Sis. Barsha Behera and Bro. Tanmay Mohapatra.

Theosophic Life is a life of Service - Speakers were Swami Avyaktananda, Sis. Nibedita and Sis. Sailabala Acharya. Vote of thanks was giving by UTF Secretary

Sis. Mitalini Choudhury.

Adyar Day Celebration
On 17th Feb, Adyar Day was celebrated at UTF premises. Prof. C.A.Sindhe spoke on J.krushnamurti, Bro. Pradip Kumar Mohapatra on H.S.O, Sis. Mitalini on C.W.Leadbeater and Sis. Paurnamasi spoke on the importance of Adyar Day.

Participation in National Conference

On 22nd and 23rd Feb, the 23rd National Conference was held at Bharat Sevashram Sangha, Bholpur, Santiniketan, West Bengal. Assam, Bengal, Bihar and Utkal Theosophical Federation together participated in the conference. Theme of the conference was



"Unity of Life: The Mantra that can Save the world". Sis. Paurnamasi, Sis. Mitalini, Bro. Pradip and Bro. Satyabrat spoke on different topics in this conference. Conference started with Bharat Samaj Puja by Sis. Mitalini.

PropagationDr Deepa Pad

Dr Deepa Padhi has been writing Theosophical article on different topics which is published in the newspaper "Political Business Daily". She also organised meeting in the Budha Mandir auditorium to celebrate International Women's day.

Lodge Activities

Barabati Lodge organised the following online classes:

Christ and Krushna by Prof. Sahadev Patra, Ancient Wisdom and Morden Science by Bro. Pradeep.H.Gohil, the Indian Section President All other Lodges are doing online study classes on the same book from two years. Sidharth Lodge - Mahatama Letter by Sis. Mitalini

Maru Lodge - Divine Plan by Sis. Paurnamasi

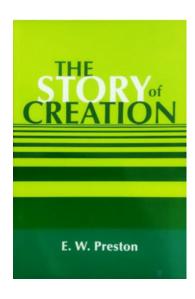
Bhubaneswar Lodge - Upanishad by Bro. Pramod Chandra Mishra

Sanat Kumar Lodge - Master and Path by Bro. Satyabrat

Jagannath Lodge - Voice of the Silence by Bro. Pradip



Book Review



THE STORY OF CREATION

BY E.W. PRESTON

REVIEW BY

K DINAKARAN

SECRETARY,

KERALA THEOSOPHICAL FEDERATION

This book is based on The Secret Doctrine by H. P. Blavatsky. The magnum opus of H. P. B the secret Doctrine is a hard nut to crack for many students of Theosophy. But this book is an attempt to present the content of the Secret Doctrine in condensed and simplified form. The two sections of the book Cosmogenesis and Anthropogenesis are given in this book as 'The Story of Creation' and 'The Story of Man'. The statements made in the SD are compared to modern science and technology.

Miss Elizabeth winter Preston was born in 1892 and was a science teacher in England. She joined in TS in 1910.

The purpose and the Origin of the Secret Doctrine, creation according to the Secret Doctrine are dealt in the initial chapter followed by the Seven Stanzas of the Secret Doctrine.

Part II of the book deals with XII Stanzas of the SD, with short descriptions of the beginning of the Sentient Life, Root races, Rounds, pre-historic geography etc.

As stated by Br. Raja " H. P. B gave the clue in her division of the Secret Doctrine into Cosmogenesis a d Anthropogenesis, in other words the search for the Ultimate Reality which is the Cosmos, and the search for man who contains within himself that Reality".

The Story of Creation will serve as a handbook for a relatively easier introduction to the students of Theosophy.



TOS

Upcoming Event: TOS INDIA NATIONAL CAMP: 7th - 8th June 2025 @ Adyar

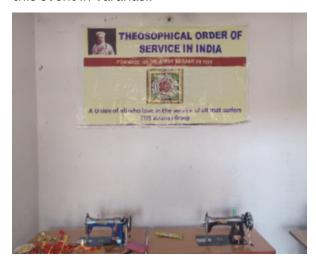
This is to announce with great pleasure that TOS India is conducting a National Camp at TS Adyar on 7th-8th June 2025 under the able guidance and initiative of Bro. K. Sivaprasad (President, TOS India).

Tailoring Training Centre at Varanasi

TOS India and Mundeshwar Mahadev Seva Samiti jointly starts a tailoring training centre in mura Dev village, Varanasi on 18th March

This centre aims to provide stitching skills to under privileged girls and women of local village which will in turn help them to financially shoulder their responsibilities.

TOS Director, India National National Secretary and Assistant Secretary attended this event in Varanasi.







TOS, Odisha Region
The TOS Odisha Region in general and the Mahabharat Group in particular performed the following charitable activities, viz:

A paper-plate making machine worth Rs. 178,000 was donated to a tribal group of five led by Ms. Kaveri Duruba in Koraput district. This has been given to help them earn reasonable amount for sustenance of 5 female workers in a village of Koraput. A similar venture started in Nuapatna village has made five women self-employed and financially independent. They are getting good quantity of paper-plate orders on a recurring basis.



On January 18, TOS Mahabharat Group, organized a Jumble Sale of old usable clothes and other items in Mahishikhal (near BJB College). This was done for the benefit of the underprivileged people to get things at a bargain price. The proceeds were used for education of poor students.





- Clothes and food packets were given on January 26 to 150 homeless beggars sheltered in Ashya Mission.
- On February 17, snacks and clothes were distributed among inmates of Mission Ashra, a shelter home for mentally ill and destitute women.



 On March 3, a fresh batch was inducted for beautician course in Nuapatna. The success of the programme is evident from the fact that one trainee of the first batch, viz., Ms. Puja Matia, has not only successfully set up her own parlour but she has been even selected as one of the trainers of the current batch. A sewing machine was donated to a girl in Nuapatna who was earlier trained under our tailoring training programme.



 An electric sanitary pad incinerator was donated on March 6 to Mission Ashra. Further, a sewing machine has been donated for the use of those who have been cured of mental illness and need to be rehabilitated.



On the occasion of International Women's Day, Ms. Pramila Nayak was honoured as "Empowered Woman of Odisha Award – 2025". 2025". She has been protecting a forest near her village since March 2007 with the help of the members of Matrushakti Jangal Surakhya Sanghathan of which she is the President. Despite being austracised by her community, she is continuing her work with the moto of 'Save forest: Save mankind.' Ms. Lippi Parida, a multi-award winning author, painter, journalist, photographer, motivational speaker and Tarrot reader was felicitated by Dr. Itirani Samant, founder Editor, Kadambini monthly Odia family magazine. Brahma Kumari Leena Sister, Director, Divine Retreat Centre, Bhubaneswar, was the chief speaker on the occasion.







Eye checkup camp was organised on 13th March by TOS, MG, in the campus of Asha Kiran Old-age Home, Jatani, Khurda, Odisha. All 50 inmates - 35 males and 15 females - were examined by doctors from renowned LV Prasad Eye Hospital (LVPEH), Bhubaneswar. Some of them need cataract surgery which will be performed in LVPEH later. All the inmates were given food packets. Sambedana Charity Centre,



- a Trust set up by the members of TOS Mahabharat Group, Odisha Region, donated clothes for all.
- On the occasion of the 3rd Anniversary on March 23 of Sambedna Charity Centre, Bhubaneswar, members of TOS Mahabharat Group, Odisha Region, organized many competitions like Alpona, singing, dance, story-telling among slum children and prizes/ gifts were given to all participants by the Chief Guest. The sale proceeds of the center amounting Rs. 10,000/- was awarded as a scholarship to a poor and meritorious girl student, Subhalaxmi Dhal, to pursue higher education. Mrs. Namrata Chaddha, former State Chairperson, Commission for Women, Social activist and champion of Women Rights was the Chief Guest.
- At request of TOS India, the Mahabharat Group and others donated Rs .20,000/- as financial assistance to Bro. Sarveshwariah, member of Tamil Theosophical Federation for undergoing heart surgery.

Tamil Federation TOS

• Sis. Desi Dharmalingam of Dharmapuri lodge gave away free breakfast to attendants and patients at Govt. Hospital, Dharmapuri incurring Rs. 48,000/-

- K.Apathukatha Pillai, President, Nagarcoil lodge provided meals to 50 members of DEJASVI HOME on his 50 Marriage anniversary.
- Vellore Raja lodge member Bro. M.G.Raman convened two free medical Eye Camps. About 130 members of public were benefitted.
- Bro. M.K.Natesan, aged 94 yrs. a senior member of Raja lodge Vellore, donated Rs. 5,000/- each to 5 poor students of SERPADI, his native village.

TOS, Bengal RegionTOS activities of our Region comprised a distribution of 280 school uniforms to students of the Bharat Sevashram Sangha school at Muluk, Bolpur-Shantiniketan, on 23/02/2025. The 23rd National Conference of the Theosophical Society was held there for 22-23/2/2025. The distribution was inaugurated by the National Director of the TOS, respected Brother K.Sivaprasad in presence of the Maharaja of the Bharat Sevashram Sangha. The TOS, Bengal contributed only Rs. 28,000/- from its own fund. The rest was borne by the Bharat Sevashram Sangha itself Sevashram Sangha itself.

E-Newsletter Committee

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